CLOSET EDIT

Step-by-Step

@simplifyyourwardrobe

CLOSET EDIT

The ability to simplify means to eliminate the unnecessary so that the necessary may speak.

Hans Hoffman

Remove the unnecessary and unwanted because it no longer works for you:

- It no longer fits.

- It no longer flatters you <u>or</u> your figure.

- It is no longer is in good condition.

- It is no longer useful.

- It is no longer in style <u>or</u> your style.

- You no longer feel good in it.

- You no longer like it.

Before you begin:

It may not be possible to do everything at once unless you have a very large block of time, so the edit is broken down in steps. Check off each step once it is done.

It will be helpful to have a full length mirror, a garment rack on which to hang groups of clothing, plus a large flat surface such as a bed or table for non-hanging items.

STEP 1: DECLUTTER

Remove anything from your closet that is not clothing or accessory related. Relocate those items to another place.

STEP 2: CLEAN

If you have not wiped down shelves, rods, or closet walls in a while, it is time to do it now.

Take everything out of the closet.

◇ Wipe down walls, shelves, and rods with soap and water.

◇ Rinse well and allow to dry.

◇ While everything is out, vacuum the carpeting and floors and wash hard floors.

◇ Put everything back by putting like items together to get ready for the next step.

STEP 3: REFINE

The goal is to reduce or pare down! You will be sorting and editing **all** the clothing items in your house, not just your closet. You will be working through each category, one at a time, deciding what to keep and what to get rid of.

For each category: Gather **every** item in that category from all closets, storage areas, drawers, etc. This is where the rack will be helpful.

For each item: Try on everything. You need to be ruthless here! Look for the BEST.

- **Do you love it?**

- **Does it love you?** (consider Fit, Color, Style, Need, Condition, Appropriateness, Functionality, Comfort, Versatility)

Sort items into bags or boxes with one of the following choices for each:

- Keep
- Donate
- Sell
- Mend
- Restyle
- Store
- Toss

CATEGORIES: check as completed

LAYERS

◊ Jackets

◊ Vests

◊ Cardigans

◊ Wraps

TOPS

◊ Blouses/shirts

◊ Tanks/camisoles

◊ Tees

◊ Sweaters

BOTTOMS

◊ Pants

◊ Jeans

◊ Skirts

◊ Shorts

◊ Leggings/tights

◊ Dresses

CATEGORIES: check as completed

OUTERWEAR

◊ Coats

◊ Jackets

◊ Rainwear

LINGERIE

◊ Panties

◊ Bras

◊ Slips

◊ Shapewear

ACCESSORIES

◊ Footwear-shoes, boots, sandals

◊ Socks/hosiery

◊ Belts

◊ Bags/purses

◊ Scarves

◊ Jewelry

◊ Gloves

◊ Hats

CATEGORIES: check as completed

ACTIVE WEAR

◊   Swimwear

◊   _____

◊   _____

◊   _____

MISCELLANEOUS

◊   Sleepwear

◊   _____

◊   _____

◊   _____

◊   _____

STEP 4: DISTRIBUTE

Distribute all sorted items, except those to keep, to specified places (Sell, Donate, Mend, Restyle, Store, Toss). The Keep items will be organized in your closet, drawers, and shelves.

STEP 5: ORGANIZE

Place all of the Keep items back in your closet. There are several basic ways of organizing these garments:

A.   By color-light to dark

B.   By garment type-layers, tops, bottoms

C.   By use-business, casual, dressy, etc.

D.   By season-fall/winter, spring/summer

- Organize each group by color and length-shortest to longest (tops by sleeve length, bottoms by length).

- Treat yourself and your closet to new coordinated hangers, especially if you have a mismatched collection.

- Store everything where they can be easy to see and easy to find. Out of sight equals out of mind.

- Choose storage containers to suit your needs and work with your space. These could include shelves, drawers, baskets, boxes, hooks, etc.

CONGRATULATIONS!

You did it!

You now have a beautifully curated wardrobe. Your closet should now only contain a select group of garments that you love, that look great on you, and that all work together!

Getting dressed will become effortless and fun with plenty of wearing options for all occasions.

Identify gaps in your wardrobe as they will be easy to see now. Define your needs, style, and lifestyle to determine what you may need to acquire to make your wardrobe complete.

Simplify your wardrobe.

Simplify your life!

My Paper Closet

CLOSET EDIT FOLLOW-UP

What did you learn from your closet edit:

What colors do I like?
_____

What colors do I dislike or hate?
_____

What patterns do I like?
_____

What patterns do I dislike?
_____

What do I love that I don't wear?
_____

And why don't I wear these?
_____

What do I love and wear all the time?
_____